

Purpose of The Training

The objective of this training is to learn how to thrive in an uncertain economy which requires a new way of working together, with innovation and creativity often happening through collaboration.

Discover a new framework: **Fluid co-creation.**

2-hours workshop - Fee: \$110 per employee

When we expand our ability to collaborate and lead others through the process of **fluid co-creation**, we tap into our curiosity and learn the art of improvisation.

In this intimate and practical training, we'll explore the depth of fluid co-creation to understand our role as part of a system and the whole system itself.

MEET OUR TEAM OF PRACTITIONERS



Virginie Glaenzer
Conscious Leader, Trend
Maker building Communities
and Digital SenseMaker.

Virginie has harnessed more than 25 years of experience as a renowned digital expert through executive leadership, consulting work, keynoting and thought leadership. She has spoken at many top conferences and events such as Customer Experience Conferences, Chief Growth Officer Conference, C-Suite Conference, The Marketing Forum. She is the author of The Awakened Brand and the host of the Pass the Mic podcast, which aims to bring compassion and conscious leadership to business and in our personal lives and help listeners ask themselves questions to become conscious self-authoring leaders.



Meredith Lewis
Facilitator, Trainer, Critical
Friend, and Writer.

I make people feel heard and help them understand their stories. Meredith has over 25 years' experience of working in the tertiary, creative, and community sectors including as a manager, project manager, trainer, arts manager, choreographer and performer. She specializes in leading discussions, creative interventions and workshops that help people navigate their way past groupthink, discover shared values, and invigorate imagination. She does this through conducting workshops, facilitating discussions, co-creating plans, and giving presentations.

Training Overview

1. Uncover your beliefs and biases about co-creation with an initial group exercise.
2. Receive guidance from two expert facilitators and co-creation practitioners to discover: What is fluid co-creation? why does it matter and how can you apply it?
3. Engage in individual and group exercises to practice improvisation.
4. Expand your curiosity and develop an ability to stay safe while navigating uncertainty.
5. Learn how to lead others in fluid co-creation.

Our Unique Process

Our facilitators will guide you and your team into a new way of working by disrupting your habits: we'll practice a willingness to play and try unconventional approaches to the work in front of us.

It starts by giving permission to others: In any collaboration, people bring the "baggage" of their negative experiences and limiting beliefs.

We'll lead you on a path to empower your team to nurture their curiosity muscle and expand a compassionate behavior in the way they work together.

A Framework with 4 Pillars

Curiosity



Practicing curiosity allows you to gain more awareness of this "myself" and all its different abilities. It's a daily practice that invites you to become a playful apprentice. By exploring and reflection, curiosity grows.

Improvisation



Improvisation offers practical rules to create real, honest conversations. We'll practice using improvisation (Yes, and), and give participants permission to free themselves and others from the burden of saying "no" and the risk of losing control by saying "yes."

Compassion



Compassion is going one step further by acting to help alleviate others' pain. In fluid co-creation, compassion means giving others the space to bring their ideas in front and help them articulate them in a way that benefits the community.

Uncertainty



Fluid co-creation is a new leadership skill to deal with uncertainty and a new form of creation to adapt to a new economy.